

The Incredible Years[®]

The Incredible Years Autism Spectrum and Language Delays Parenting Program is a comprehensive, group structured program, delivered to clients as an intervention service. Group participants have children 2-6 years of age.

The course is 10 weeks long consisting of weekly educational sessions, as well as phone contact support for parents while participating in the training. We ask that parents and caregivers plan to attend all 10 sessions.

Goals of the Program:

- Strengthen parenting skills
- Improve children's social skills
- Improve children's school readiness and cooperation with teachers
- Prevent and treat behaviour problems

When: February 20, 2020 – April 30, 2020 (every Thursday evening during this time). We will not have a session March 19th, 2020.

Time: 6:15pm-8:15pm

Where: Hollyburn Family Services head office: #104-267 West Esplanade, North Vancouver

Cost: Free

Additions: Snacks and child-minding included

Referrals can be made to Marlee Hershfield by fax # 604-987-8122. For further information, contact Marlee via e-mail, mhershfield@hollyburn.ca or by phone at 604-367-0167.